



# It Is Well Healthcare

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## **WEGOVY, SEMAGLUTIDE, OZEMPIC, and TIRZEPATIDE (MOUNJARO®), injection Consent**

### **What is Wegovy, Semaglutide and Ozempic**

**Wegovy, Semaglutide and Ozempic** injection 2.4 mg is an injectable prescription medicine that may help adults and children aged  $\geq 12$  years with obesity (BMI  $\geq 30$  for adults, BMI  $\geq 95$ th percentile for age and sex for children), or some adults with excess weight (BMI  $\geq 27$ ) (overweight) who also have weight-related medical problems to help them lose weight and keep it off. Wegovy, Semaglutide, and Ozempic should be used with a reduced calorie meal plan and increased physical activity

Semaglutide: Glucagon-like peptide-1 (GLP-1) receptor agonist

- Wegovy® contains semaglutide and should not be used with other semaglutide-containing products or other GLP-1 receptor agonist medicines
- It is not known if Wegovy, Semaglutide, and Ozempic is safe and effective when taken with other prescription, over-the-counter, or herbal weight loss products
- It is not known if Wegovy, Semaglutide, and Ozempic can be used safely in people with a history of pancreatitis
- It is not known if Wegovy, Semaglutide, and Ozempic is safe and effective for use in children under 12 years of age

### **What is Mounjaro?**

Mounjaro is an injectable prescription medicine that is used along with diet and exercise to improve blood sugar (glucose) in adults with type 2 diabetes mellitus.

It is not known if Mounjaro can be used in people who have had pancreatitis. Mounjaro is not for use in people with type 1 diabetes. It is not known if Mounjaro is safe and effective for use in children under 18 years of age.

**Warnings** - Mounjaro may cause tumors in the thyroid, including thyroid cancer. Watch for possible symptoms, such as a lump or swelling in the neck, hoarseness, trouble swallowing, or shortness of breath. If you have any of these symptoms, tell your healthcare provider.

- Do not use Mounjaro if you or any of your family have ever had a type of thyroid cancer called medullary thyroid carcinoma (MTC).
- Do not use Mounjaro if you have Multiple Endocrine Neoplasia syndrome type 2 (MEN 2).
- Do not use Mounjaro if you are allergic to it or any of the ingredients in Mounjaro.

**Wegovy, Semaglutide, Ozempic and Tirzepatide (Mounjaro) may cause serious side effects, including:**

**Inflammation of the pancreas (pancreatitis).** Stop using Wegovy, Semaglutide, Ozempic or Tirzepatide (Mounjaro) and call your healthcare provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without vomiting. You may feel the pain from your abdomen to your back.

**Low blood sugar (hypoglycemia).** Your risk for getting low blood sugar may be higher if you use Wegovy, Semaglutide, Ozempic or Tirzepatide (Mounjaro) with another medicine that can cause low blood sugar, such as a sulfonylurea or insulin. **Signs and symptoms of low blood sugar may include** dizziness or light-headedness, sweating, confusion or drowsiness, headache, blurred vision, slurred speech, shakiness, fast heartbeat, anxiety, irritability, or mood changes, hunger, weakness and feeling jittery.

**Serious allergic reactions.** Stop using Wegovy, Semaglutide, Ozempic or Tirzepatide (Mounjaro) and get medical help right away if you have any symptoms of a serious allergic reaction, including swelling of your face, lips, tongue or throat, problems breathing or swallowing, severe rash or itching, fainting or feeling dizzy, and very rapid heartbeat.

**Kidney problems (kidney failure).** In people who have kidney problems, diarrhea, nausea, and vomiting may cause a loss of fluids (dehydration), which may cause kidney problems to get worse. It is important for you to drink fluids to help reduce your chance of dehydration.

**Severe stomach problems.** Stomach problems, sometimes severe, have been reported in people who use Wegovy, Semaglutide, Ozempic and Tirzepatide (Mounjaro). Tell your healthcare provider if you have stomach problems that are severe or will not go away.

**Changes in vision.** Tell your healthcare provider if you have changes in vision during treatment with Wegovy, Semaglutide, Ozempic and Tirzepatide (Mounjaro).

**Gallbladder problems.** Gallbladder problems have happened in some people who use Wegovy, Semaglutide, Ozempic and Tirzepatide (Mounjaro). Tell your healthcare provider right away if you get symptoms of gallbladder problems, which may include pain in your upper stomach (abdomen), fever, yellowing of skin or eyes (jaundice), and clay-colored stools.

**Important Safety Information**

**What is the most important information I should know about Wegovy, Semaglutide, Ozempic and Tirzepatide (Mounjaro)?**

**Do not use Wegovy, Semaglutide, Ozempic or Tirzepatide (Mounjaro) if:**

- you or any of your family have ever had a type of thyroid cancer called medullary thyroid carcinoma (MTC) or if you have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2)
- you have had a serious allergic reaction to semaglutide or any of the ingredients in Wegovy, Semaglutide, Ozempic or Tirzepatide (Mounjaro)

**Before using Wegovy, Semaglutide, Ozempic or Tirzepatide (Mounjaro),® , tell your healthcare provider if you have any other medical conditions, including if you:**

- have or have had problems with your pancreas or kidneys
- have type 2 diabetes and a history of diabetic retinopathy
- have or have had depression, suicidal thoughts, or mental health issues

- are pregnant or plan to become pregnant. Wegovy, Semaglutide, Ozempic and Tirzepatide (Mounjaro) may harm your unborn baby. You should stop using Wegovy, Semaglutide, Ozempic or Tirzepatide (Mounjaro) 2 months before you plan to become pregnant
- are breastfeeding or plan to breastfeed. It is not known if Wegovy, Semaglutide, Ozempic or Tirzepatide (Mounjaro) passes into your breast milk

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Wegovy, Semaglutide, Ozempic and Tirzepatide (Mounjaro) may affect the way some medicines work and some medicines may affect the way Wegovy, Semaglutide, Ozempic or Tirzepatide (Mounjaro) works. Tell your healthcare provider if you are taking other medicines to treat diabetes, including sulfonylureas or insulin. Wegovy, Semaglutide, Ozempic and Tirzepatide (Mounjaro) slows stomach emptying and can affect medicines that need to pass through the stomach quickly.

**The most common side effects of Wegovy, Semaglutide, Ozempic and Tirzepatide (Mounjaro) may include: nausea, diarrhea, vomiting, constipation, stomach (abdomen) pain, headache, tiredness (fatigue), upset stomach, dizziness, feeling bloated, belching, gas, stomach flu, heartburn, and runny nose or sore throat.**

I \_\_\_\_\_ understand and have read the the above information on the Wegovy, Semaglutide, Ozempic or Tirzepatide (Mounjaro) injection.

I acknowledge that this medication is an out of pocket expense paid to the office of It Is Well Healthcare LLC. I understand the payment will be due prior to ordering the product.

I also understand I will be responsible for routine lab work and a face to face visit with my practitioner every four weeks in addition to a weekly nurse visit for the injection and a weight check unless otherwise discussed.

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Patient Name (Print)

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DOB:

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Patient Signature

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Date: